

## **Here are some prompts to think about:**

- My life feels like magic when...
- The moments that matter in my life are...
- What I really, truly, deeply need is...
- I am the best version of myself when I....
- The unsolicited advice that I'd give myself would be...
- If I had unlimited time, I would...
- I need to let go of...
- The part of my life ready for change is...
- I am...
- I want to...