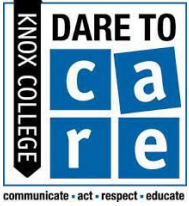


# Dare to Care Peer Educators Present...



NEW STUDENT ORIENTATION 2021

## LET'S TALK: CONSENT AND COMMUNICATION

### D2C Peer Educators:

- Kathryn Allee, '21
- Tegan Doherty, '22
- Becca Gadiel, '22
- Marin Hart, '24
- Tori Johnson, '22
- Thao Luong, '23
- Marli Messner, '24
- Kaitlyn Pierce, '24
- Jia Self, '23
- Sage Yoerger, '24

# Agenda

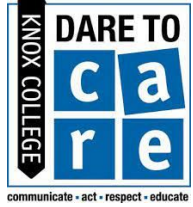
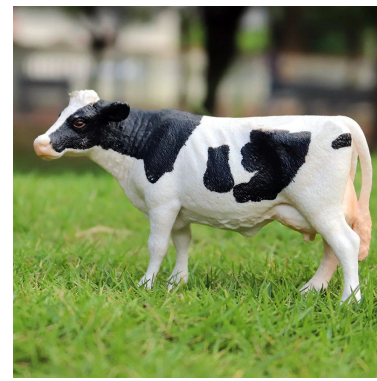
- Getting to know each other
- Consent in our daily lives
- Boundaries
- Knox definition of consent
- Reasons we have/don't have sex
- Ways to ask for consent/how to say yes or no
- Complications with consent
- When consent is not present
- Your role in the community
- Questions

**This will be a 90 min workshop**



# CONSENT: YOU USE IT EVERY DAY!





# CCOW-Clear, Coherent, Ongoing, Willing



# Boundaries

Personal Boundaries: Guidelines, rules, or limits that a person creates to identify reasonable, safe, and permissible ways for other people to behave towards them and how they will respond when someone passes those limits.



# Boundaries can be reactive or proactive!

**PROACTIVE** boundaries are boundaries set before an experience

- You may think about what you are comfortable doing before you go into a situation for the first time.

**REACTIVE** boundaries are boundaries set in reaction to an experience



# Trust your instincts!



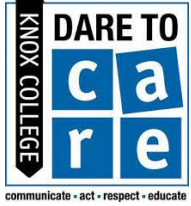
# Boundaries are fluid

- As we change and grow, so can our boundaries
- It is okay to change your mind!
- Consent must respect boundaries





# Sexual Contact-Let's Do A Word Cloud!



Go to [www.menti.com](http://www.menti.com) or scan this QR code



<https://www.mentimeter.com/s/91b1a9794125e9a0b58652c679df44a0/9c616febb5c0>

## Consent is....

- Clear
- Coherent
- Ongoing
- Willing



## Consent isn't....

- The absence of a no
- Shrugging
- Lack of resistance
- Saying yes while incapacitated

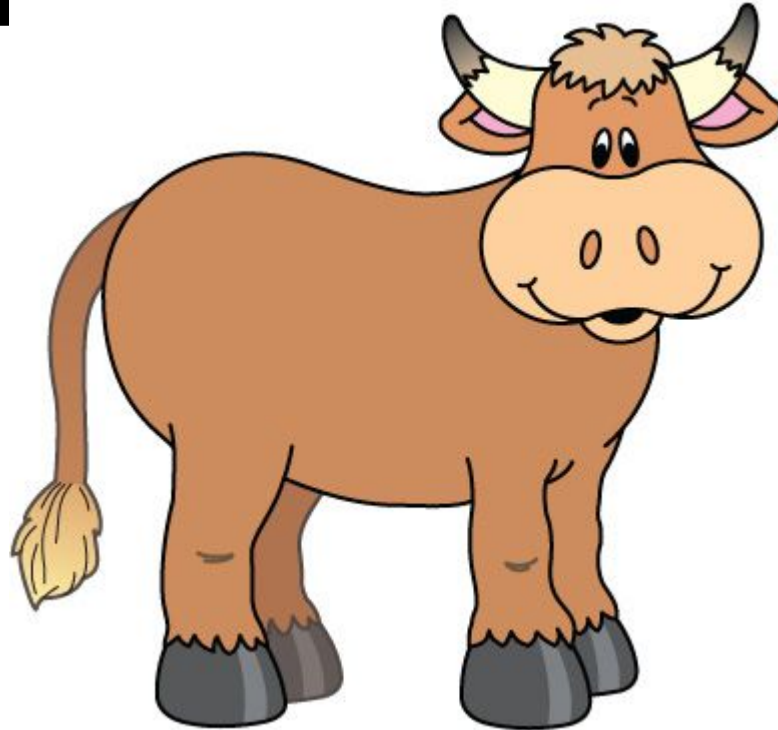


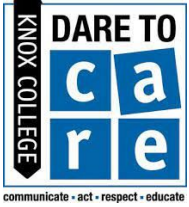
# Consent **CANNOT** be presumed based on:

- Being in a relationship
- Dressing in a certain way
- Having consented in the past
- Having consented to other people
- Anything that is not a clear, coherent, ongoing, and willing “yes.”



# CCOW!





# Consent at Knox College

- **Consent:** refers to words or actions that a reasonable person in the perspective of the Respondent would understand as agreement to engage in the sexual conduct at issue. A person who is incapacitated is not capable of giving consent.

MORE ABOUT 'UNDERSTANDING CONSENT'  
ONLINE AT [WWW.KNOX.EDU/RESPECT](http://WWW.KNOX.EDU/RESPECT)

Knox College Policy Against Title IX Sexual Harassment and Sexual Misconduct

# What is a Sexual Project?

- Sexual projects are someone's personal answer to the questions "what is sex for?"
- Sometimes someone's sexual project is to not have sex.



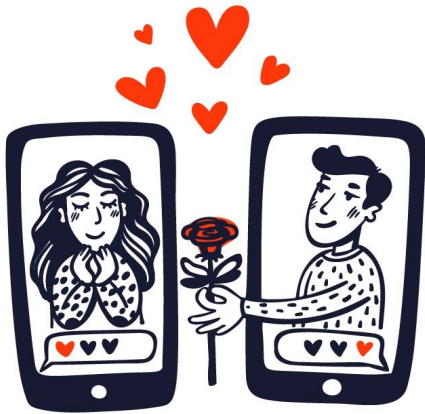
# Communication

- A means of giving, receiving, and sharing information.



# Types of Consent

Whether we are planning on engaging in sexual activity online or in-person, we always need to have consent before starting a sexual encounter!

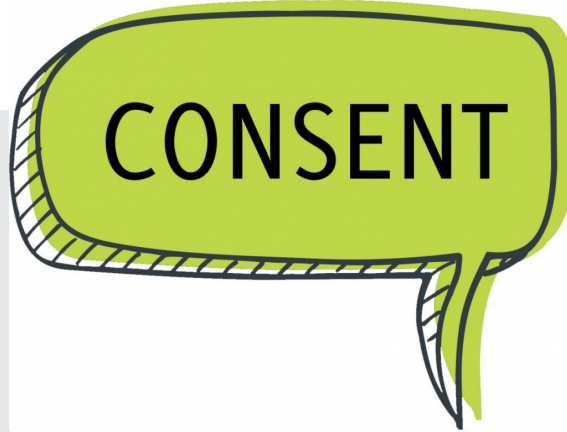


Responsibilities  
 Coercion  
 Approval  
 Choice  
 Online  
 Respect  
 Digital Consent  
 Check  
 No  
 Privacy  
 Agreement  
 Compliance  
 Rights  
 Ask  
 Control  
 Authorization  
 Pressure



# Ways to Express Consent

- Verbally (“yes,” or “I’d like that”)
- Non-verbally (thumbs-up, nodding)
  - It is easier to misinterpret non-verbal communication



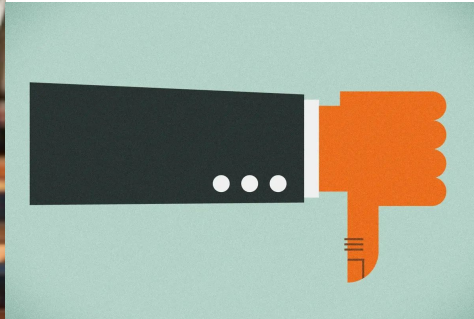
# How to Say No

- You can always say “No” to an activity or part of an activity
- “No” is a complete sentence
- Nonverbal communication may also express a “no”



# How to Handle Rejection

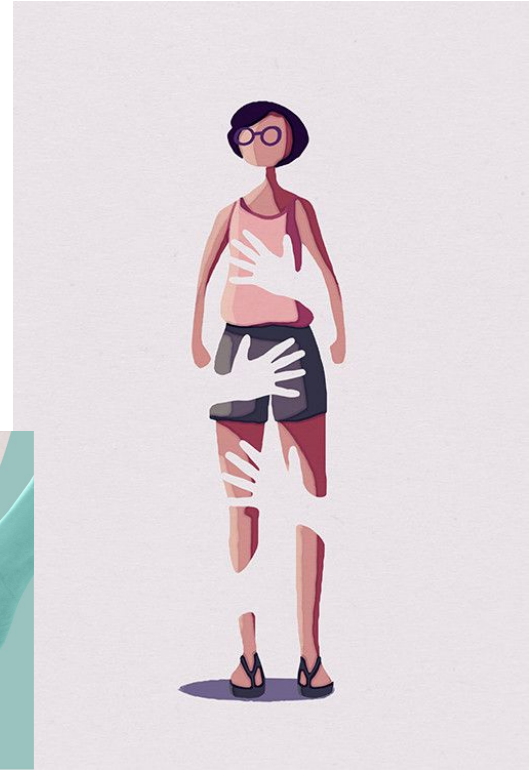
- Respect others' "no"s, even if you are sad or hurt
- This can also apply in non-sexual situations
- No one owes anyone else sex or explanations of their reasons!



# Coercion: It May Not be Intentional! (But It's Still Wrong)

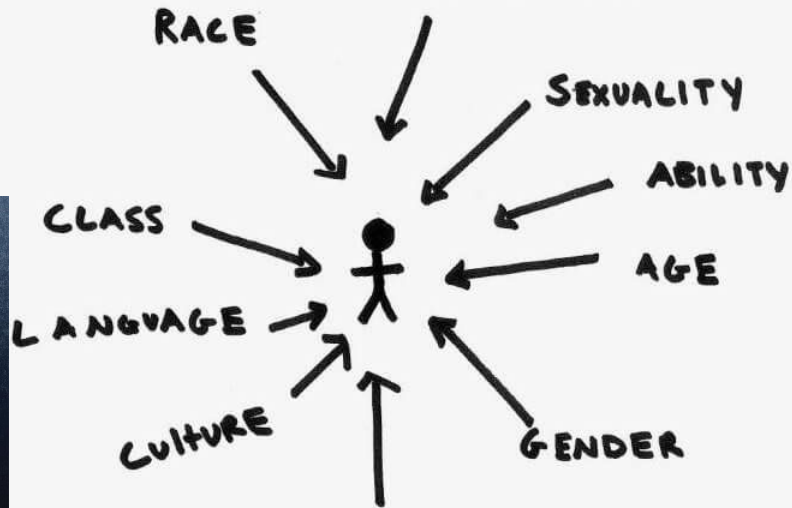
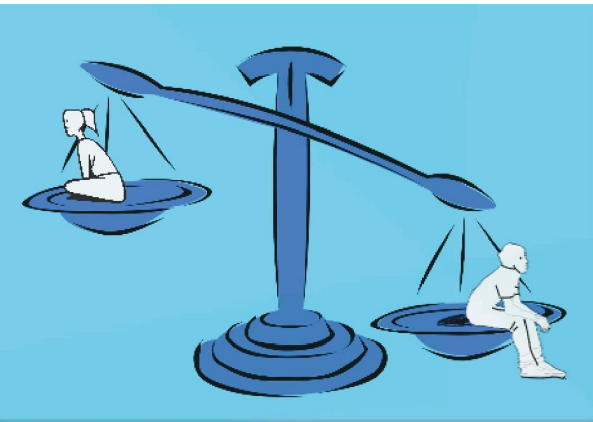
Coercion may include:

- Language that is guiltning or shaming (eg. You don't love me if you don't have sex with me)
- Being overly persistent (eg. Asking someone out over and over even after they say no)



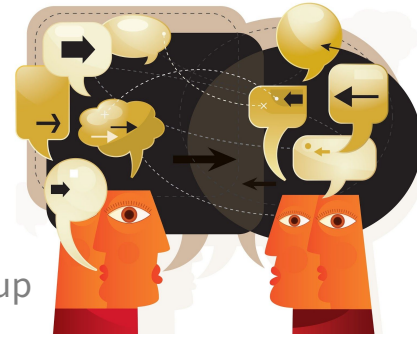
# Other Coercive Behaviors

- Threats (threatening to publish pictures, threatening to hurt yourself or your partner)
- Social norms and expectations (the idea of owing sex after a date or buying someone drinks, the idea that flirting will lead to more)



# Power Dynamics

- Power dynamics can be influenced by
  - Being in a minority or underrepresented identity-based group
  - Disabilities
  - Housing and financial situations
  - Age, class year, experience, and social standing



# Alcohol, Drugs, and Consent

Everyone is involved in consent, but the responsibility for obtaining consent falls on the person who is initiating sexual contact



**CONSENT**  
**&**  
**ALCOHOL**



# Alcohol and Other Drugs

In general, sexual activity while under the influence of alcohol or other drugs poses a risk to ALL parties. If there is any doubt about the level or extent of the other person's intoxication, it is safest and best to not have sexual contact or activity



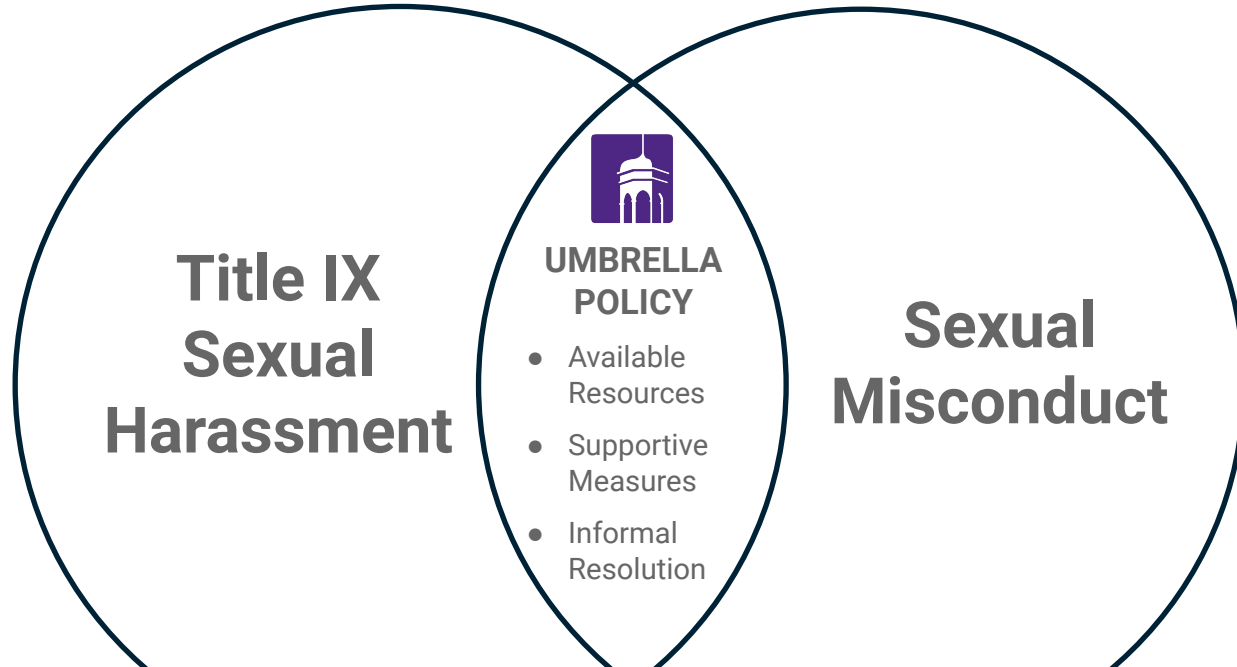


# Amnesty Policy

A student who reports, in good faith, something that happened to them or someone else, will usually not be disciplined for a drug or alcohol violation of the Code of Conduct.



# Knox College POLICY Against Title IX Sexual Harassment **AND** Sexual Misconduct



[WWW.KNOX.EDU/RESPECT](http://WWW.KNOX.EDU/RESPECT)

# Knox College POLICY Against Title IX Sexual Harassment and Sexual Misconduct

**Title IX Sexual Harassment** is conduct on the basis of sex that constitutes Quid Pro Quo Sexual Harassment, Hostile Environment Sexual Harassment, Sexual Assault, Domestic Violence, Dating Violence, or Stalking

- “**Quid Pro Quo Sexual Harassment**” is an employee conditioning the provision of an aid, benefit, or service of the College on an individual’s participation in unwelcome sexual contact

- “**Hostile Environment Sexual Harassment**” is unwelcome conduct determined by a reasonable person to be so severe, pervasive, **AND** objectively offensive that it effectively denies a person access to the College’s education programs and activities
- “**Sexual Assault**” includes the sex offenses of Rape, Sodomy, Sexual Assault with an Object, Fondling, Incest, and Statutory Rape\*
- **Domestic Violence, Dating Violence, and Stalking**

\*As defined by the FBI’s Uniform Crime Reporting System



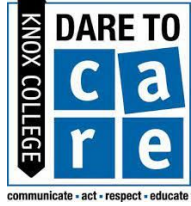
# Knox College POLICY Against Title IX Sexual Harassment and **Sexual Misconduct**

**Non-Title IX sexual harassment (or sexual misconduct)** is unwelcome communication or conduct of a sexual nature, including unwelcome sexual advances, requests for sexual favors and other verbal, written or physical conduct of a sexual nature, without regard to whether the parties are of the same or different genders or gender identities

Quid Pro Quo Sexual Harassment, Hostile Environment Sexual Harassment, Sexual Assault, Domestic Violence, Dating Violence, or Stalking **that occur outside of the College's Education Programs or Activities or outside the United States.**

- Unwelcome conduct that **does not rise to the level of Hostile Environment Sexual Harassment**, but that:
  - is sufficiently serious (severe, pervasive, or persistent) **OR** objectively offensive so as to deny or limit a person's ability to participate in or benefit from the College's programs, services, opportunities, or activities; or •
  - that has the purpose or effect of unreasonably interfering with an individual's work or academic performance
- Inducing Incapacitation for Sexual Purposes
- Sexual Exploitation

# How Responds



- Knox has a **Policy** that prohibits Title IX Sexual Harassment and Sexual Misconduct
- Knox has **Investigation and Resolution Procedures for Allegations of Title IX Sexual Harassment** which utilize a **GRIEVANCE HEARING** adjudication
- Knox has **Investigation and Resolution Procedures for Allegations of Sexual Misconduct** which utilize a **SINGLE INVESTIGATOR** model adjudication
- Both Procedures offer an option for **informal resolution**
- **Supportive Measures** are available with filing a formal complaint and/or seeking ANY type of adjudication



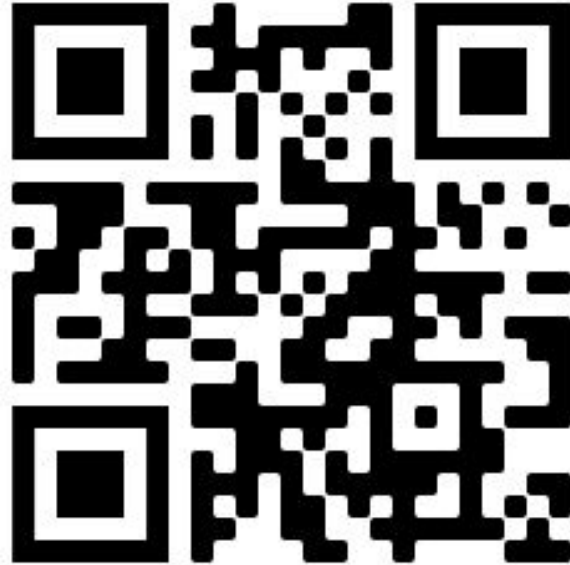
# What To Do If you/Someone You Know Experiences Sexual Assault

- Consider seeking medical care and/or support and resources, either through the College or off-campus
- Making a report or not, and the type of report that is made is up to the victim/survivor
- Support victims/survivors!



# Let's Do Another Activity

Go to [www.menti.com](https://www.menti.com) or scan this QR code!



<https://www.mentimeter.com/s/7b6e688fe91d538d13e9ee79fd6fb00c/44b50c28ce1e>

# Confidentiality

- Confidential means that your information is legally protected and WILL NOT be shared without your permission
- Counselors and Health Services professional staff are on-campus **CONFIDENTIAL** resources





# Counseling Services Contact Information

**Janell McGruder:** Sexual Assault Advocate

309-341-7492

[counseling@knox.edu](mailto:counseling@knox.edu)



# Health Services Contact Information

**Abby Putnam:** Nurse Practitioner

(309) 341-7559

[health@knox.edu](mailto:health@knox.edu)



# Campus Safety Contact Information

Call this number anytime, 24/7/365:

**309-341-7979**



Use to request or share information:  
[campus-safety@knox.edu](mailto:campus-safety@knox.edu)

# Kim Schrader's Contact Information

[kschrade@knox.edu](mailto:kschrade@knox.edu)

Office: Old Jail, #12

Work phone: (309) 341-7751

Cell: (309) 337-6536



# Supportive Measures:

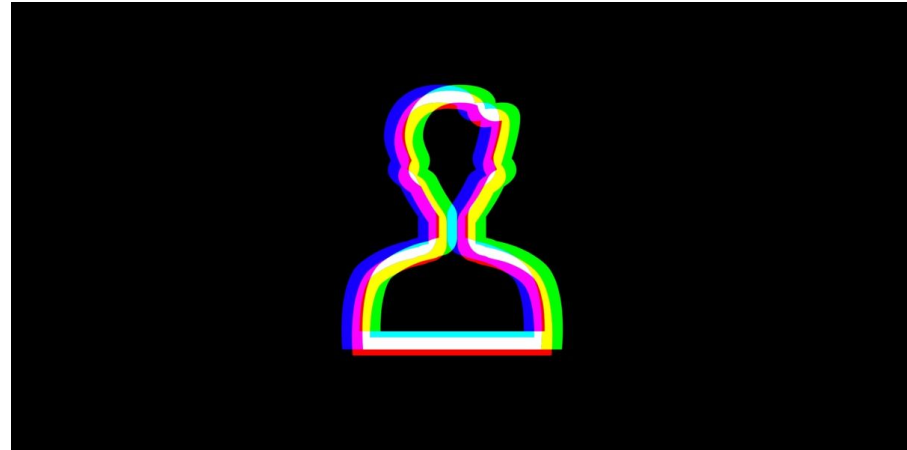
- Individualized for each person
- Can include
  - Counseling
  - Extensions of deadlines
  - Course-related adjustments
  - Campus escort services
  - Changes in work/housing locations
- Does not need to involve a formal complaint
- Information about supportive measures are only shared a need-to-know basis



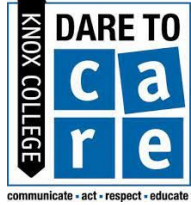
# The Anonymous Form Can Be Found At:

[www.knox.edu/anonymousreport](http://www.knox.edu/anonymousreport)

[my.knox.edu](http://my.knox.edu) under the **'Forms & Requests'** category



# Off-Campus Confidential Advocates



- **WIRC Victim Services**

- Victim Services 24-hour Crisis Line: (309) 837-5555
- Primary Number: (309) 331-4716
- Secondary Number: (309) 343-3337

- **Safe Harbor Family Crisis Center**

- 24HR Local Crisis Line: 309-343-SAFE (7233)

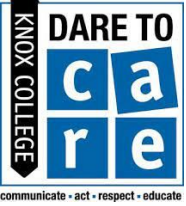
- **RAINN Crisis Hotline**

- National Sexual Assault Hotline. Free. Confidential. 24/7.
- 1-800-656-HOPE (4673) and live chat @[www.rainn.org](http://www.rainn.org)



## **RAINN Mobile App**

The RAINN app gives survivors of sexual violence and their loved ones access to support, self-care tools, and information.



**Info Also Available at:**

**[WWW.KNOX.EDU/RESPECT](http://WWW.KNOX.EDU/RESPECT)**



# Your Role

- We need your help!
- Online Education: Sexual Assault Prevention for Undergraduates and AlcoholEdu
- Be an active bystander!



# CARE for

## Active Bystander

- C-Create a distraction
- A-Ask directly
- R-Refer to an authority
- E-Enlist others



# Continuum of Action

- A continuum of action is how our small actions go on to create lasting change.
- By simply saying “hey, that’s not cool” we can help someone realize that their behavior is harmful.



# Supporting Others



- Affirm and validate victims/survivors
- Don't judge
- Specific examples include:
  - Being a good listener.
  - Not passing judgement.
  - Respecting the person's need for privacy.
  - Being patient.
  - Helping to empower anyone who has experienced sexual violence and letting them make their own decisions.
  - Being present and offering to stay with someone or helping to connect them with another resource, including those who are confidential.



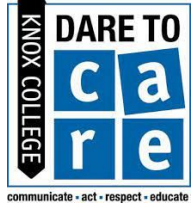
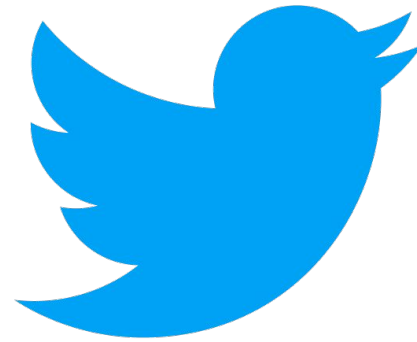
# Follow us on social media!

Facebook: @KnoxDareToCare

IG: KnoxDareToCare

Twitter: @KnoxDareToCare

Email: daretocare@knox.edu



# Instagram

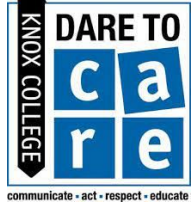




**Any Questions?**



# Please Take This Survey & Tell Us How We Did!



(new qr code)

**Thank You!**





# Image Credits

<https://www.amazon.com/GT-Graphics-Express-Cute-Cow/dp/B086XN4LMO>

<https://www.amazon.com/Loves-Blanket-Floral-ountry-Farmer/dp/B08HNLK54R>

<https://www.teepublic.com/en-au/sticker/3081385-cute-cow-face>

<https://www.aliexpress.com/i/33048577579.html>

<https://weheartit.com/entry/348819825>

<https://freepikpsd.com/cute-cow-png-png-transparent-images/632346/>

<https://gomcentral.elmplace.org.au/about-consent/>

<https://www.facebook.com/KnoxDareToCare/>

<https://1000logos.net/facebook-logo/>

<https://1000logos.net/instagram-logo/>

<https://1000logos.net/twitter-logo/>

<https://glueottawa.com/2020/01/12/swipe-left/>

<https://minutes.co/the-art-of-saying-no/>

<https://www.boundaries.me/blog/saying-no-is-enough-you-don-t-have-to-justify-it>

<https://newschant.com/lifestyle/how-to-handle-rejection-gracefully-and-avoid-self-harm/>

<https://www.healthline.com/health/was-i-raped>

<https://www.healthline.com/health/guide-to-consent>

<http://www.clker.com/clipart-no-sign.html>

<https://internationalasexualityday.org/en/>

<https://time.com/5410260/marriage-helps-you-live-longer/>

<https://www.newyorker.com/science/maria-konnikova/casual-sex-everyone-is-doing-it>

<https://www.trainingzone.co.uk/develop/talent/emotional-fluidity-the-missing-element>

<https://depositphotos.com/stock-photos/fluidity.html>

<https://www.indiatoday.in/education-today/jobs-and-careers/story/5-ways-to-be-more-effective-at-work-with-better-communication-1766231-2021-02-05>

<https://lattice.com/library/how-to-create-a-culture-that-encourages-communication>

<https://medium.com/sexual-assault-awareness-month-2019/what-parents-need-to-know-about-digital-consent-12e520bd0a03>

<https://www.shatteringthesilence.org/news/takebacktheswipe-digital-consent>

<https://www.brown.edu/news/2019-04-12/consent>

<https://www.sayitwithacondom.com/blog/why-consent-condoms-college-edition/>

<https://www.theguardian.com/lifeandstyle/2017/dec/28/joy-relief-saying-no-how-learned-stop-worrying-turn-people-down>

<https://www.goodtherapy.org/blog/vengeance-can-feel-good-to-people-who-experience-rejection-0119171>

[https://www.salon.com/2013/07/23/rejection\\_is\\_more\\_powerful\\_than\\_you\\_think/](https://www.salon.com/2013/07/23/rejection_is_more_powerful_than_you_think/)

<https://thelinknewspaper.ca/article/throwing-money-at-the-problem>

<https://www.vippng.com/maxp/hoRhWJT/>

# Image Credits

<https://givingcompass.org/article/untangling-inequalities-why-power-and-intersectionality-are-essential-concepts/>

[https://issuu.com/tn2magazine/docs/tn2\\_2020\\_4\\_final\\_4/s/10349110](https://issuu.com/tn2magazine/docs/tn2_2020_4_final_4/s/10349110)

<https://www.indianfolk.com/power-sociological-perspective-edited/>

<https://nett-sales.com/consent-if-its-not-yes-its-no-there-is-no-middle-ground>

<https://www.youtube.com/watch?v=1yPWC1sYjMQ>

<https://catharsisproductions.tumblr.com/post/167281223398/alcohol-does-not-equal-consent>

<https://clipartix.com/phone-clipart-image-1545/>

<https://authorservices.taylorandfrancis.com/publishing-your-research/peer-review/types-peer-review/>

<https://lattice.com/library/should-employee-feedback-be-anonymous>

<https://boardable.com/blog/board-meeting-agendas/>

<https://www.creativityculturecapital.org/blog/2021/01/09/power-dynamics-collaboration-and-creativity/>

<https://yakimaymca.org/camp-dudley/programs/camps-for-kids-youths/overnight-themed-camps/attachment/question-mark-icon-green/>

<https://www.ncaa.com/schools/knox>

<https://tenor.com/search/investigator-gifs>

<https://www.nicepng.com/png/detail/28-288509-check-clipart-yes-complete-clipart.png>

<https://www.nytimes.com/2020/10/29/smarter-living/how-to-be-an-active-bystander-when-you-see-casual-racism.html>

<https://www.farrer.co.uk/news-and-insights/the-active-bystander-training-company-founders-sunandy-and-scott-solder-share-their-story/>

<https://www.shutterstock.com/search/continuum>

<https://positivepsychology.com/great-self-care-setting-healthy-boundaries/>

<https://www.onewomanproject.org/blog/2020/8/12/the-importance-of-setting-boundaries>

<https://www.rappler.com/newsbreak/iq/list-persons-groups-granted-amnesty>

<https://www.vectorstock.com/royalty-free-vector/judge-gavel-vector-21260162>

<http://merger.com/wp-content/uploads/2015/03/Red-confidential-iStock-186020775.jpg>

<https://apkpure.com/anonymous-wallpaper-hd/anonymous.wallpaperguru>

<https://www.thinknpc.org/blog/power-dynamics-in-grant-making/>

<http://fempopculture.blogspot.com/2015/11/acknowledging-power-dynamics-in.html>

<http://www.paisleys.co.uk/manorial-rights-how-do-they-affect-a-property/>

<https://www.clipartmax.com/max/m2H7m2i8d3Z5i8d3/>

<https://asceps.org/makingprojects/carve-daphne/supporting-victims/>

<https://www.forbes.com/colleges/knox-college/?sh=4476b8b12402>

<https://www.creativebusinessinc.com/blog-index/2019/7/6/does-your-company-take-confidentiality-and-trade-secrets-seriously>

# Image Credits

<https://www.workday.com/en-za/customer-experience/support.html>

<https://inside.sou.edu/sc/support.html>

<https://www.elegantthemes.com/blog/category/community/page/2>

[https://www.clipartkey.com/view/Tixmi\\_school-clipart-education-clip-art-school-for-teachers/](https://www.clipartkey.com/view/Tixmi_school-clipart-education-clip-art-school-for-teachers/)

<https://unitedspinal.org/disability-etiquette/>

<https://www.chieflearningofficer.com/2020/08/05/from-bystander-to-upstander/>

<https://www.rvaschools.net/Title-IX>

<https://www.chronicle.com/article/the-hazards-and-opportunities-presented-by-title-ix/>

<https://www.google.com/amp/s/amp.theguardian.com/lifeandstyle/2015/dec/31/gay-french-man-love-casual-sex-ask-eva-swipe-right>

<https://weworkremotely.com/6-ways-to-set-healthy-boundaries-at-work-remotely>

<https://www.istockphoto.com/illustrations/date-night-gay>

<https://lrl.lincoln.ac.nz/advice/studying-remotely/hands-support-clipart/>