

Sexual Citizenship



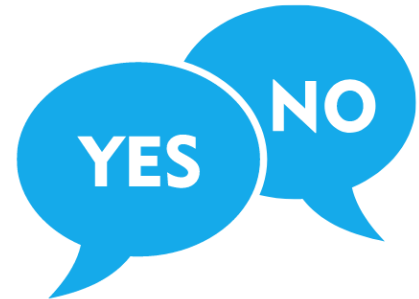
SEXUAL CITIZENS

People who know that they have the right to say 'yes' and 'no' to sex.

They recognize that everyone has these rights.

"Sexual citizenship isn't something we are born with. It is developed through education, and supported by communities."

—Jennifer Hirsch and Shamus Khan



Sexual Citizenship is developed through:

- understanding our reasons for having/ not having sex (sexual projects)
- how sexuality, sex, and anatomy were taught and discussed growing up at home and at school
- how our cultures, religions, or communities view sex
- our own self exploration of sex (masturbation, porn, research, etc.)

BODY AUTONOMY

The right to govern our own bodies and make decisions about our physical selves.

You can practice autonomy by caring for and loving your body, respecting others', and dismantling oppressive narratives.

Help create a culture of respect by thinking about and exploring your sexual projects, cultivating your own sexual citizenships and recognizing others, and by critically thinking about geographies of experience and their relationship to power dynamics.



REFLECTION

- What are your sexual projects?
- How has your understanding of sex changed?
- How do you feel about your body? Does your acceptance of your body empower you? How can you use this empowerment to help and respect others?
- What does a culture of respect around sex mean and look like to you and/or your partner(s)? How can you help achieve that?

Want to know more? Join D2G for Workshop Wednesdays on 1/26, 2/16, and 3/2!