

**WHAT DOES
IT MEAN TO
BE A SEXUAL
CITIZEN?**

WHO IS A SEXUAL CITIZEN?

We all are!

Being GOOD sexual citizens means recognizing our own right to **sexual self-determination** (the right to say 'yes' and 'no') and recognizing that same right for everyone else. People who know they have the right to say 'yes' and 'no' to sex. Sexual citizens recognize that everyone else has the same rights.

WHAT IMPACTS SEXUAL CITIZENSHIP?

An individual's sexual citizenship may be influenced by many social factors including...

sexual
geographies



family and
upbringing



alcohol and
other
substances

past
experiences



peer groups

and many more.

WHY IS SEXUAL CITIZENSHIP IMPORTANT?

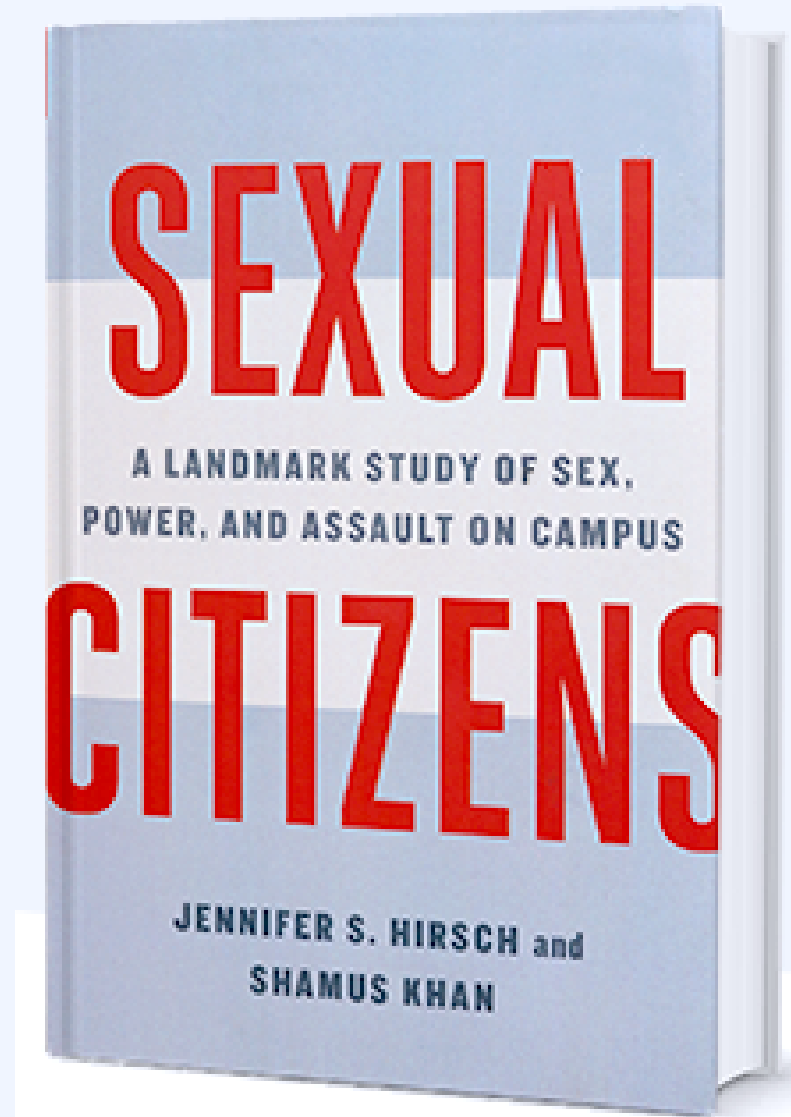
- ★ Changing dialogue and culture surrounding sex and sexual assault
- ★ Promotes and helps develop healthier relationships
- ★ Empowers individuals to fulfill themselves and celebrate their identities

HOW CAN YOU PRACTICE SEXUAL CITIZENSHIP?

- Identify your **sexual project(s)**
 - What does sex mean to you? Why do you have or want to have sex? Why do you not have or want to have sex?
- Talk to your partner(s) about their sexual projects
 - Respect each other's 'yes' or 'no.'
- Critically think about **geographies of experience and power dynamics**
 - Where have you had greater or lesser power? How do you use your power? How can you use your power to promote healthy relationships with your partners/friends/family?
- Make reflection on sexual projects and communication part of the norm

Source:

**Sexual Citizens by Jennifer
Hirsch & Shamus Khan**



To learn more, watch for upcoming Workshop
Wednesday and book club opportunities
coming Winter Term!