

Moving from Friends or Hookups to Partners

Oftentimes we go about this process very indirectly, guessing what the other person might want or how they might respond, feeling nervous to bring it up, but the best way to know is to ask!

Some tips:

- Be honest! Honesty creates vulnerability which strengthens relationships.
- Talk in person if you can.
- Be patient! Sometimes people feel more comfortable moving slowly in relationships.

Flirting Examples

- "I really enjoy spending time with you, would you like to go on a date with me?"
- "I'd like to be more than friends, what are your thoughts on that?"
- "You're cute/beautiful/handsome/attractive!"
- "I'm interested in sexting, is it okay if I send explicit messages to you?"

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Flirting 101

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WHAT DOES HEALTHY AND RESPECTFUL FLIRTING LOOK LIKE?
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#TalkAboutItTUESDAY





The Dos and Don'ts of Flirting

DO:

- Respect the other person's boundaries and identities.
- Give compliments.
- Ask for consent before sending explicit messages or photos.
- Be yourself.
- Communicate your intents and emotions.

DON'T:

- Pressure anyone for messages/photos/dates/etc.
- Continue flirting if the other person shows clear disinterest or discomfort.
- Expect reciprocation.
- Be indirect or vague about intentions and emotions.

Tips and Tricks

COMMUNICATE!

Talk to potential romantic or sexual partners about boundaries, intentions, wants/desires, and expectations to prevent misunderstandings. It doesn't have to be awkward, and being honest will probably make flirting easier!

ASK QUESTIONS

Getting to know your potential partner is super helpful because different people respond to different things when it comes to flirting. Try out some different strategies but be sure to check in and make sure the the other person is comfortable with your flirtations!

