



# **Counseling Services Peer Educator**

### Overview

Counseling Services Peer Educators are campus partners who will play a vital role in proactively educating the Knox College community about mental health-related issues. Working under the direction of the Assistant Dean of Student Health and Wellness and Assistant Director of Counseling, Counseling Services Peer Educators will take an active role in educational workshops, outreach services, and promotion of Counseling Services. The group is open to all students and strives to be representative of the diverse and inclusive Knox community. Peer Educators are not counselors and will not have access to confidential records.

## Responsibilities

- Spring term prior to starting employment (new peer educators only): Successfully complete IDIS 130: Introduction to Leadership course (.5 credit).
- Attend all aspects of designated training, including prior to the beginning of the Fall term.
- Provide and develop programming ideas, facilitate interactive workshops and assist in the planning of a variety of campuswide events and activities to increase awareness and educate members of campus.
- Attend and facilitate as peer educators' additional co-curricular presentations, programs, and interactive campus workshops throughout the academic year designed to help promote mental health awareness.
- Consult regularly with the Assistant Dean of Student Health and Wellness and Assistant Director of Counseling to share updates and concerns.
  - LEAD with FIRE student leadership at Knox

# THE IMPORTANCE OF STUDENT LEADERS AT KNOX

Student leaders play a vital role in shaping the Knox College experience. While our leadership opportunities are diverse, each has the common goal of enhancing campus life, complementing the academic experience, and upholding the College's values of critical thinking, inclusivity, respectand support. Student leaders are able to affect change on campus through mentoring, advocacy, peer education and program development. They experience thefulfillment of service as well as the added benefit of marketable skills such as communication, conflict resolution, and time management.



## Characteristics

- Have a strong commitment to increasing mental health awareness on campus in a proactive manner
- A strong commitment to the goals, mission, and values of Knox College. Each Counseling Services Peer Educator must abide by professional and ethical standards of conduct, including all Knox College policies.
- Enthusiasm, initiative, and a desire to cultivate leadership potential.
- Strong communication and presentation skills, including the ability to facilitate discussions and work with a diverse student body.
- Maintain good academic and social standing at Knox College for the entire academic year.
- Ability to commit to the Counseling Services Peer Educator program for a minimum of one academic year. Peer educators will be trained initially prior to Fall Term and ongoing training will occur as needed throughout the year.
- Ability to collaborate proactively with Counseling Services staff and other departments/individuals as deemed necessary.
- Willingness to participate in initial and ongoing training.
- Willingness to devote, at minimum, ten hours of direct participation as a Counseling Services Peer Educator each term. These participation hours include facilitating presentations, assisting with organizing events, and actively participating in outreach efforts. Counseling
- Services Peer Educators are also required to attend one group meeting each term (fall, winter, spring) following orientation.
- Willingness to be involved in planning campus initiatives designed to educate students about mental health.

### Compensation

Peer educators will receive hourly compensation adjusted to reflect minimum wage increases as appropriate and are expected to contribute a minimum of 10 hours of service each term.

