

YES/NO/MAYBE LIST OF BDSM ACTIVITIES

Go through the list of activities and check off the box(es) that match your wants! There's a "yes" and "no" option for both giving and receiving, as well as a "maybe" option if you're not sure. If an activity doesn't apply to you and your partner(s), cross it off. You can do this activity alone or with your partner(s), and should feel free to add on, discuss specifics of the activities, and customize as you see fit! And remember, you always need **consent** before engaging in any sort of sexual or BDSM activities!

ACTIVITY	Giving			Receiving	
	YES	NO	MAYBE	YES	NO
TICKLING					
WRESTLING/PLAY-FIGHTING					
ACTIVITIES THAT LEAVE MARKS					
MASSAGE					
CHEST/BREAST/NIPPLE PLAY					
CHEST/BREAST/NIPPLE BITING					
DRY HUMPING/ CLOTHED RUBBING					
MASTURBATING IN FRONT OF PARTNER					
VAGINAL FISTING					
ANAL FISTING					
FINGERS ON OR NEAR ANUS					
FINGERS INSIDE RECTUM					
EJACULATING ON SOMEONE'S BODY					
EJACULATING IN SOMEONE'S BODY					

ACTIVITY	Giving			Receiving	
	YES	NO	MAYBE	YES	NO
USING VIBRATORS TOGETHER					
USING DILDOS TOGETHER					
ANAL INTERCOURSE					
VAGINAL INTERCOURSE					
CROSS-DRESSING DURING SEX					
SCRATCHING					
BITING					
BLINDFOLDING					
BONDAGE WITH ROPE					
BONDAGE WITH FABRIC					
BONDAGE WITH OTHER MATERIALS					
SLAPPING OR SPANKING					
PINCHING					
CLAMPS (SKIN, NIPPLE, ETC.)					
PADDLES/WHIPS/FLOGGERS					
ROLE-PLAYING					
DIRTY TALK					
PHONE/SKYPE SEX					
READING EROTICA TOGETHER					
WATCHING PORN TOGETHER					
USING FOOD ITEMS AS PART OF SEX					
ORAL SEX					
DEGRADATION/HUMILIATION					
USING GAGS/COLLARS					